



Samsāra MEDISPA

skin

body

mind

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Welcome to Samsara Medispa's Summer Newsletter

Issue 12, December - February 2013

Samsara Medispa provides the ultimate experience for our clients which helps empower them to have confidence and achieve their goals.

Say hello to long, warm sunny days, cute open toe shoes, golden tans (fake of course!), pretty feet and let's not forget Christmas! It's that important and busy time of the year where looking our best is imperative.

We have a variety of Christmas present ideas to choose from including luxurious products, packages and treatments. **Or take the guess work out and purchase a gift voucher! Gift vouchers can be redeemed for any product or treatment.**

Bookings are filling fast before Christmas. A great idea is to pre book your appointments early to get them on time. **We will be open till December 24th, then closed till the 26th. We will be back and open on the 27th and 28th of December. This is a great time to get your last minute treatments in before you go away. In the New Year we will be back open on January 8th.**

2012 has been an amazing year with new treatment rooms, Stephanie joining our team and the birth of my baby daughter Maya. We would like to thank you all for your valuable support. We wish you a wonderful, safe and happy Christmas and New Year, with some well deserved time off with friends and family.

Let's get out there confident and looking our best! We are looking forward to seeing you soon.



Warm regards,

Priya Punja

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Quote to Keep Us Festive for Christmas



Pretty Summer Feet Treat



Head To Toe Summer Special

Quote to keep us festive for Christmas

Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous and mercy, is to have the real spirit of Christmas

Kevin Coolidge

Priya's Tips Beauty tips that can really make a difference!

Remember to always apply your skincare products and SPF to the back of your hands, neck and décolleté. Our Jane Iredale Powder me SPF is the only product that you can dust on easily without it being a lotion so no residue is left and it will protect you against the sun's harmful rays safely, naturally and easily. **It's so safe you can even use it on babies!**



What's in Stephanie's Bathroom Cupboard this Season

With winter over, we are heading into warm weather. This is the time of year when we get out into the nice weather and enjoy being social. The following three products are my favourites that I cannot leave the house without.

Jane Iredale Smoky Quartz Mystikol –

From the beautiful new 'Simply Magical' collection from Jane Iredale, this is a must have to create a delicate smoky eye look for all your upcoming Christmas events. With smoky grey and pale peach on either end, this creamy formula won't fade, crease or smear and is the easiest way to create a classic smoky eye.

True All day moisture SPF 30 – Provide your skin with daily year-round protection against sun exposure with this non-greasy, broad-spectrum formula. Micronized zinc oxide protects the skin from UVA and UVB rays while, vitamin E and allantoin soothe, soften and heal. A very important step in your skin care routine.



Priori CoffeeBerry Body Emulsion –

This 3 in 1 product is a must have in every beauty routine. This rich emulsion can be used as an all over body moisturiser, hand moisturiser and neck and decollate cream. It is not just a moisturiser, but is also full of active ingredients such as coffeeberry extract, argan oil, shea butter, algae. This is a powerful anti-aging, de-pigmenting and brightening treatment for the skin.

First Tuesday Of The Month

We are introducing our First Tuesday of the Month on 1st February 2013. Every first Tuesday of the Month between 1.30 - 3pm, Priya and Stephanie will be giving FREE Jane Iredale makeup lessons. This is fantastic for you ladies who want to learn and try different looks or are interested in Jane Iredale Skin Care Makeup. No appointment is necessary, just pop in and we will show you makeup tips, advice on colours, application techniques and much more. I guarantee you will walk out with confident makeup skills while looking and feeling gorgeous! If you haven't already been or just need some extra lessons, pop in before you pick up the kids!

Pretty Summer Feet Treat – Deluxe Pedicure

Sad to say, feet are the most abused part of the body. We shut them up in the dark all winter, pinch them, squeeze them into ill fitting but fashionable shoes, occasionally walk around in stilts, give them blisters, bunions, aches and pains and then wonder why they just don't keep on going.

There is more to a pedicure than just a foot massage and polish. At Samsara Medispa, our OPI pedicures start with a warm foot soak infused with chocolate and espresso moisturising wash with exfoliating massaging stones and foot scrub. From there we cut and or file the toenails making sure they are perfectly shaped. Everyone would love to have baby soft feet and to achieve this we use an alpha hydroxy exfoliant which softens and smoothes cracked heels and skin in preparation for a proper good foot file and hot towel. We also use an exfoliating cuticle treatment and vitamin infused oil and nourishing foot mask to treat and diminish overgrown cuticles and dryness. Massaging the feet is relaxing, stimulating and cleansing for the whole body and we pay attention to pressure points so you feel light and carefree. From there we apply your chosen gorgeous OPI lacquer, the result is Pretty Summer Feet!



This treatment is the 75min Deluxe Pedicure for \$105.

Head to Toe Summer Special

How to Get \$168 worth of Beauty Treatments for ONLY \$103!

Treat yourself or a friend this Christmas with this perfect skin, nails and feet summer beauty package!

St Tropez Body Polish OR Tan FREE

30 min Manicure \$48

30 min Pedicure \$55

NORMALLY \$168 but with this Special Summer Price

ONLY \$103! (Save \$65)

Limited spaces so BOOK NOW for this fabulous summer offer.

Hurry this special must be booked and treatment completed by 28th February 2013.

Terms & Conditions apply

